

take care  
circus life in a swing

# Take Care project

FEDEC - DECEMBER 2024

# Agenda

Objectives & Partners

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Activities

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Timeline

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Communication

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Questions / Comments?

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# Take Care - Circus life in a wing

(DEC 2024 - FEB 2027)

**FEDEC**

Take Care aims at preventing mental health issues in the circus arts sector by:

- raising awareness about mental health,
- training students, staff and professionals,
- facilitating the exchange of good practices in caring for young artists,
- monitoring students mental health.

Partners:

1. FEDEC - BEL (coordinator)
2. Codarts - NLD
3. Circus Dance Festival - DEU
4. Filip Jacobson - DEU
5. Miikkael Kukkula - FIN
6. Around about circus - DEU

Co-funded by Europe  
Creative (80%)  
Total Budget:  
250 000€

**FEDEC**  
International network for  
professional circus education



**codarts**  
rotterdam

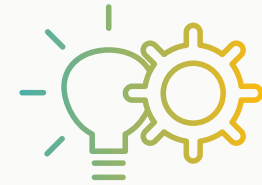


# Take Care

## ACTIVITIES

### 01 Expert's committee

- 8 meetings / Online
- Monitor the project
- Get inspired - exchange ideas



### 02. Take Care workshops

- 4 trainings / Paris (FRA), Auch (FRA), Riga (LVA), Auch (FRA)
- 2 WK for staff, 2 WK for students
- 1day of training with external experts



### 03. Conferences

- 3 conferences / Cologne (DEU), Rotterdam (NLD), Vienna (AUT)
- For artists, students, staff, audience
- Raise awareness on mental health & wellbeing in circus



### 04. Network of festivals

- 4 meetings / online for performing arts festival managers
- Exchange best practices



### 05. Take Care videos

- 4 video artworks to raise awareness on mental health issues
- Screening event in festivals?



### 06. Take Care study

- Based on a survey on mental health among circus students
- To gather evidence on mental health in circus



### 07. Take Care campaign

- To raise awareness on mental health in the circus sector
- Special highlight during the European Mental Health Week



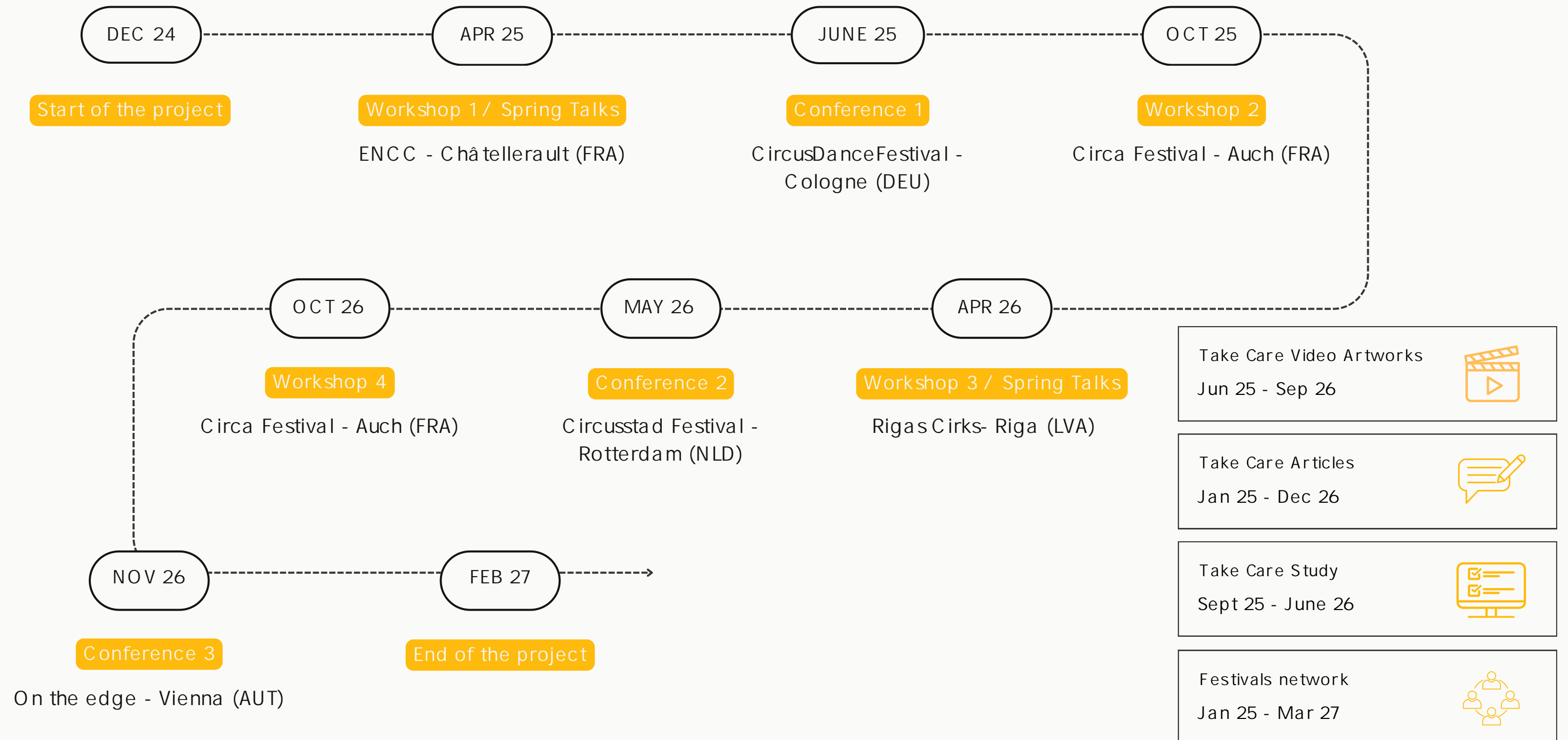
### 08. Publications

- Qualitative evaluation based on interviews with students/staff
- A Digital library with tools & resources
- 4 Articles by Around About Circus




# Take Care

## TIMELINE



# Communication Pack

<https://fedecpro.sharepoint.com/sites/fedec/Documents%20partages/NEW%20ARBO/Projets/TAKE%20CARE%202024-2027/Communication/COMMUNICATION%20PACK%20-%20Take%20Care.pdf>



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## Communication pack

Take care - Circus life in a swing (2024-2027)

### Introduction

**Dear Take Care partners,**  
**We are pleased to share a concise and practical manual designed to optimize all Take Care communication, enhancing its impact across the sector.**

You are strongly encouraged to share your participation in the project through your existing communication channels, such as social media, your website, or newsletters. Feel free to repost our content to your audience on Instagram and Facebook!


All communication resources are available on [the Take Care Google Drive link](#).

### 01. Visual identity


#### Cogo

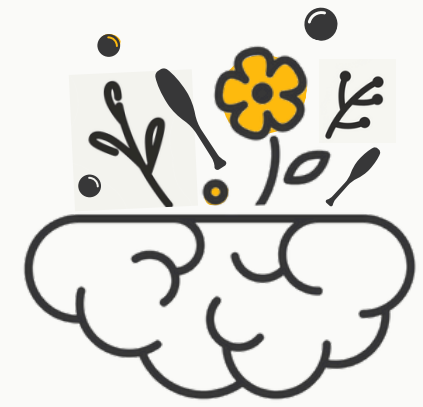
The main logo is available in 2 main versions: vertical and horizontal.  
**The vertical version should be prioritized**, while the horizontal version should be used when visually more appropriate.

Vertical



Horizontal





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